

## Free Kick Basics

1. K should not be blocked within 5 yards of the kick.
2. First Touching **ONLY** applies between restraining lines. When a grounded kick crosses R's restraining line, it belongs to whoever recovers it. K may not advance a recovered kick.
3. K can **NEVER** "catch" an (untouched) kick. That would be KCI, anywhere. When the kick has been grounded and traveled 10 yds, it can be recovered and possessed by either team, but only R can advance it.
4. A kick untouched, OOB is a foul by K (loose ball-previous spot enforcement)
5. A kick, touched by R before going OOB, belongs to R at the inbounds spot.
6. R can make a Fair Catch IN or BEYOND the NZ to R's Goal Line.
7. Until a kick has ENDED, any kick touching R's goal line plane is a touchback.

