

## **Player Equipment (2010)**

### **Required (Mandatory) Player Equipment (NF: 1-5-1)**

- a. **Helmet & Face Mask**, NOCSAE certification, **4 point chin strap**.
- b. **Hip Pads & Tail Bone Protector**, No alterations from manufacturer's design/production.
- c. **Jersey**, visible Arabic #s, **1-99 ONLY**, must reach top of pants, if longer-tucked in.  
Opponents shall wear jerseys of contrasting colors. Home team-Dark, Visitors-Light although visitors are responsible for avoiding similar colors,  
**Referee may require home Team to change jerseys (Through 2011)**  
NOTE: See additional Jersey requirements beginning 2012
- d. **Knee Pads**, unaltered from mfg's design/production, **worn under pants-over knee** ½" thick, or 3/8" if made of shock absorbing material.
- e. **Pants**, which **completely cover** the knees, thigh guards and knee pads and any knee guard that does not extend below the pants.
- f. **Shoes**, shall be worn, canvass, leather or synthetic upper attached to sole of leather, rubber or composition, cleat or cleatless.  
Cleats made so don't chip or develop cutting edge (No aluminum or ceramic tips) ½" maximum length, Must lock in place. 3/16" cleat diameter  
Non removable cleats, ½" maximum length, nonabrasive rubber or synthetic material with no
- g. **Shoulder Pads**, and hard surface auxiliary attachments shall be **fully covered** by jersey.
- h. **Thigh Guards**, unaltered from mfg design/production with all hard surfaces covered with material with min. comp. of 4-8 lbs.
- i. **Tooth & Mouth Protector**, (intraoral) including occlusal (protecting and separating the biting surfaces and a labial (protecting the teeth and the supporting surfaces) portion covering posterior teeth with adequate protection.  
Protector shall be of any visible color **OTHER THAN completely white or completely clear**.

NF: 1-5-4: Prior to the start of the game, **the head coach shall be responsible for verifying to the Referee and Umpire** that all players are legally equipped and in compliance with these rules. Any questions regarding legality of a player's equipment shall be resolved by the Umpire.

### **Auxiliary (Optional allowed) Player Equipment (NF: 1-5-2)**

NOTE: The following auxiliary equipment may be worn **if sanctioned by the Umpire** as being soft, nonabrasive, non-hardening material:

- a. Each State Assoc. may authorize the use of artificial limbs which in it's opinion are no more dangerous to players than the corresponding limbs and do Not place an opponent at a disadvantage.
- b. **Forearm Pads**, May be anchored on each end with athletic tape.
- c. **Glove & Hand Pads**, through the 2011 season, may be anchored on each end with athletic tape. Gloves, even though modified, must have a securely attached label or stamp ) NFHS/NCAA specifications) indicating compliance with test specifications on file with the SGMA as of 01/01/94 unless made of unaltered plain cloth. Beginning in 2012, gloves must meet the NOCSAE specifications. NOTE: A glove is a covering for the hand having **separate sections** for each finger, Pads worn on the hand, but not having separate sections encircling at least part of any finger are not gloves. The thumb is not considered a finger. Non athletic gloves, worn solely for warmth and made of unaltered plain cloth, and which do not enhance contact with the ball, do nor require a label or stamp indicating compliance.
- d. **Tape, Bandage or Support Wrap**, on the hand or forearm to protect an existing injury NOTE: applications not to exceed 3 thicknesses are legal without Inspection or approval.

NF: 1-5-5: When any required player equipment is missing, or when illegal equipment is found, **correction shall be made before participation**

NF: 1-5-6: Each player **shall wear** the mandatory equipment while the ball is live.

### **Illegal (Prohibited) Player Equipment (NF: 1-5-3)**

**“NO PLAYER shall participate while wearing illegal equipment.** This applies to any equipment, which in the opinion of the Umpire is dangerous, confusing or inappropriate, illegal equipment shall always include but is not limited to”:

#### **Prohibited Items Related to the Game Uniform:**

- Any **Transverse stripe** on the sleeve below the elbow.
- **Slippery or sticky substance** on equipment, towel, uniform, exposed part of body that affects the ball or an opponent.
- **Uniform Adornments** with the exception of:
  1. One unmarked moisture absorbing white towel (Between 4” x 12” and 18” x 36”)
  2. Moisture absorbing sweatbands worn on the wrist (from base of thumb, to 3” towards the elbow)
- **Tear away jerseys** that have been altered to **produce a knot-like protrusion** or creates a tear-away jersey
- **Jerseys & Pants that have:**
  1. A visible trademark/Logo exceeding 2 1/4 square inches.
  2. More than 1 trademark/logo
  3. Sizing, garment care or non logo labels on the outside

#### **Prohibited Items Related to Pads & Padding:**

- **Hard & Unyielding Items** (guards, casts, braces, etc.) on the hand, wrist, forearm, elbow or upper arm unless padded with a closed Cell slow-recovery foam padding no less than ½” thick. (**NOTE: Effective 2010 there is NO LONGER A REQUIREMENT for Written permission from anyone authorizing a player wearing a cast to participate – the cast must meet padding requirements.**)
- **Knee & Ankle braces** that have been altered from manufacturers original design/production **are prohibited**. Unaltered Knee & Ankle braces do not require additional padding.
- **Knee braces** worn over the pants.
- **Rib pads & Back Protectors** unless fully covered by a jersey
- **Plastic Material** covering protective pads whose edges are not rounded with a radius equal to half the thickness of the pads.
- **Shin Guards** that do not meet NOCSAE standards.

#### **Prohibited Items Related to Other Illegal Equipment:**

- An **eyeshield** attached to the helmet that is **NOT**
  - Constructed of a molded rigid material
  - Is NOT clear without the **presence of ANY tint**.
- **Metal** which is projecting or other hard surface on clothes or person.
- **Ball colored** Helmets, Jerseys, patches, pads or gloves.
- **Jerseys, undershirts, or exterior arm pads/covers** manufactured to enhance contact with the football or an opponent
- **Jewelry** Religious & Medical Alert medals are not considered jewelry.. Religious medal must be taped and worn under the uniform. Medical Alert medal must be taped and may be visible
- Communications devices other than those permitted in Rule 1-6-1 & 1-6-2

NF: 1-6-2 : LAN phones/headsets may be used by coaches, other non-players and players; However **players may use LAN/headphones only during authorized sideline conferences.**